



Online Continuing Professional Development

Register online at:

<https://www.albertahealthservices.ca/info/Page4723.aspx>



2019-2020 Online Courses

September	<ol style="list-style-type: none">1. Trauma Informed Practice: Application for Professionals of the <i>Being Trauma Aware</i> Program2. Distinguishing Between Mental Health and Mental Illness
October	<ol style="list-style-type: none">3. Gaming Addiction4. Understanding Autism & ADHD to Promote Long-Term Success
November	<ol style="list-style-type: none">5. Oppositional Defiant Disorder: It's a Symptom, Not a Diagnosis!6. Autism, Depression and Suicide: What's What and What Actually Works?
January	<ol style="list-style-type: none">7. Resources for Best Practice: Where to Go and How to Evaluate8. Exploring Masculinity and Healthy Relationships
February	<ol style="list-style-type: none">9. Anxiety and Perfectionism10. Pediatric Obsessive-Compulsive Disorder: An Update for Practitioners
March	<ol style="list-style-type: none">11. Role of Inflammation in Susceptibility, Resilience and Treatment of Mental Illness: A Review of the Evidence12. Helping Youth Bounce Back from Stress: Part I – Ins and Outs of Promoting Resiliency
April	<ol style="list-style-type: none">13. The Transgender Person as Individual: No One Size Fits All14. Supporting Youth with Severe ASD who are Nonverbal
May	<ol style="list-style-type: none">15. The Gut-Brain Connection, Part II: The Microbiome and Early Brain/Child Development, Food Intolerances, Antibiotics, Antacids, & How a Healthy Diet Can Help16. Helping Youth Bounce Back from Stress: Part II – Strategies to Promote Resiliency

For more information, call 403-955-4642, visit www.hmhc.ca, or email hmhc@ahs.ca.



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Accredited/Certified and *Free of Charge

Managing Child and Adolescent Mental Health Issues in a Primary Care Setting. Healthy Minds/Healthy Children (HM/HC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents. The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.

Objectives: 1. To increase the skills and confidence of primary care practitioners to effectively address the mental health needs of their young patients; 2. To promote inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems

The courses are ideal for professionals that provide services to children or youth with addiction or mental health issues including: *Physicians, Social Workers, Nurses, Counsellors, Psychologists.*

Certified: This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 33 Mainpro+ credits. Claiming your CFPC credits: Visit CFPC membership login to record your credits and enter the ID# at: <https://www.cfpc.ca/login/> This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. Participants can claim up to a maximum of 33 study credits. This program was developed by Child and Adolescent Mental Health, Addictions and Psychiatry, Calgary Zone, Alberta Health Services, and was co-developed with Continuing Medical Education & Professional Development, Cumming School of Medicine, University of Calgary; and Faculty of Social Work, University of Calgary; and was planned to achieve scientific integrity, objectivity and balance. Claiming your RCPSC credits: Visit MAINPORT <https://mainport.royalcollege.ca> to record your learning and outcomes.

* Free for Professionals in Alberta