

2021-2022 Courses

Learners can anticipate each course to take 2 hours, approximately 60 minutes for viewing the presentation and approximately 60 minutes for discussion board participation and review of suggested resources

September	Anxiety in a time of COVID: An old feeling in new times
October	Pandemic Grief, Loss, and Loneliness: Identifying and digesting
November	Emotion Regulation and the Developing Brain
January	The cognitive, emotional and social effects of the COVID pandemic on school-age children
February	<ul style="list-style-type: none">• Toxic parental relationships and the impact on children and youth mental health• Genotype-guided prescribing in child and adolescent mental health
March	Personality Disorder: Patterns, pitfalls, plasticity and promises
April	Trauma and PTSD in Youth: Identification, assessment, and diagnosis
May	Divorce and the impact on children and youth mental health

Contact Us

Mental Health & Substance Use Collaborative Initiatives
Continuing Professional Development
1820 Richmond Road SW
Calgary, AB T2T 5C7
(403) 955-4642
hmhc@ahs.ca

Register at:

<https://hmhc.ca/cpd/>

Fees:

Free for Alberta Residents

Out of Province: The Registrar will contact you with further information upon receipt.

Mental Health & Substance Use Collaborative Initiatives Continuing Professional Development

2021-22 Curriculum Year

Accreditation

Managing Child and Adolescent Mental Health Issues in a Primary Care Setting. Healthy Minds/Healthy Children (HM/HC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents. **The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.**

Objectives: 1. To increase the skills and confidence of primary care practitioners to effectively address the mental health needs of their young patients; 2. To promote inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems

The courses are ideal for professionals that provide services to children or youth with addiction or mental health issues including: *Physicians, Social Workers, Nurses, Counsellors, Psychologists.*

Certified: This Self-Learning program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to **18** Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of **18** hours (credits are automatically calculated).

Sep 2021: 2 hours Oct 2021: 2 hours Nov 2021: 2 hours Jan 2022: 2 hours
Feb 2022: 4 hours Mar 2022: 2 hours Apr 2022: 2 hours May 2022: 2 hours

Claiming your credits: Visit MAINPORT <https://mainport.royalcollege.ca> to record your learning and outcomes.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

* Free for Professionals in Alberta